

Name	Age	Town	Time
19 and under			
Joe Schwiesow	16	Des Moines, IA	01:10.1
Oliver Miller	15	Milford, IA	01:21.1
Eli Phillips	13	Spirit Lake, IA	01:29.0
Marina Steen	17	Spirit Lake, IA	01:41.4
Kaela Thurman	18	Waukee, IA	01:46.5
John Kelly	15	Omaha, NE	2:22
Brandon Kelly	13	Omaha, NE	02:58.4
Lara Williams	14	Spirit Lake, IA	
Will Hansen	19	Woodbury, MN	
20-29			
Carson Codel	21	Des Moines, IA	01:21.5
Pablo Suarez-Beltran	26	West Des Moines, IA	01:23.4
Liz Auen	29	West Des Moines, IA	01:34.1
Matt Johnson	27	Greencastle, MN	01:35.1
Emily Davis	23	Ankeny, IA	01:38.5
Pete Walker	28	Red Oak, IA	01:56.1
Tristan Nelson	26	Omaha, NE	01:56.1
30-39			
Drew Paulsen	31	Rock Valley, IA	01:37.3
Emily Matuska	38	Shorewood, WI	01:52.4
Ryne Paterson	36	Milford, IA	01:52.5
Samantha Clark	35	Colorado Springs, CO	02:09.0
Shawn Shroeder	39	Colorado Springs, CO	02:09.0
Charles Ellerbeck	38	St. Paul, MN	02:17.3
Autumn Schmeling	36	Spirit Lake, IA	02:26.4
Drew Coleman	34	Spirit Lake, IA	02:45.3
40-49			

Carly Ross	40	Ames, IA	01:17.3
Luke Garnaas	46	Des Moines, IA	01:26.2
Mario Fenu	48	West Des Moines, IA	01:36.1
Ann Spaine	43	West Des Moines, IA	01:36.3
Arlo Lorenz	46	Sun City, AZ	01:38.5
Mary Bender	40	West Des Moines, IA	01:45.6
Michael Sherlock	43	San Diego, CA	01:48.5
Andy Lemmenes	41	Humboldt, IA	01:49.2
Brent Swart	40	Spencer, IA	01:50.1
Kecia Place-Fencel	43	Ames, IA	01:52.1
Antonio Gaetania	41	Zurich, Switzerland	01:55.6
Maggie Montgomery	44	Grand Saconnex, Switzerland	01:59.6
Jason Laughlin	48	Des Moines, IA	2:04
Nate Nodland	43	Minneapolis, MN	02:07.4
Dallas Clark	44	Livermore	02:09.4
Sarah Haugen	42	Ankeny, IA	02:13.4
Lucy Detzel	40	Ankeny, IA	02:15.3
Anna Holzen	48	Sheldahl, IA	02:24.5
50-59			
Sara Douglas-Poock	56	Cedar Falls, IA	02:09.1
Franklin Codel	58	West Des Moines, IA	01:23.2
Aaron Cook	52	Clive, IA	01:26.1
Heidi Loeck	51	Kansas City, MO	01:37.3
Carmen Davis	53	Ankeny, IA	1:53
Sue Harthoorn	56	Sanborn, IA	01:57.4
Tamara Davis	53	Ankeny, IA	02:12.0
Linda Stoeffel	51	Norwalk, IA	02:22.5
60 and above			
Robert Bender	70	Clive, IA	1:40
Deb Shull	62	Adel, IA	01:43.3
Kathy Briffett	62	Sioux Falls, SD	01:56.6
Lisa DeRemee	65	New Brighton, MN	02:08.5

Brenda Caruso	63	Ankeny, IA	02:24.1
Kathleen Guyer	67	West Union, IA	02:53.3