



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FIND YOUR CENTER

YOGA BEDELL FAMILY YMCA

Taught by certified instructors Chris Murphy and Linda Dusold.

Dates: April 12 - 28 (3 weeks)

Monday/Wednesday Mornings
Time: 9:40 - 10:40am

Monthly Fee: \$24 Members, \$42 Non-Members
Drop-In Fee: \$10 Members & Non-Members

Register online at https://bedell.activityreg.com/ClientPage_t2.wcs



Yoga

Name _____

Address _____ City _____

Email _____ Phone _____

In consideration for being allowed to participate in the YMCA exercise program, I agree to assume the risk of such exercise, and further agree to hold harmless the YMCA and its staff members conducting the exercise program from any and all claims, suits, losses, or related causes of action for damages, including but not limited to, such claims that may result from my injury or death, accidental or otherwise, during, or arising in any way from, the exercise program.

Signature _____ Date: _____

(Parent or guardian signature if under 18)