

Y-Kids Summer Adventure Schedule Weekly Themes

Week 1: 5/24-5/28

NO TRIP

Welcome to Y Kids summer adventure club, the path to summer fun in the sun starts here. Come get to know the staff and make some new friends as we start the kick off to summer.

Week 2: 5/31-6/4 (closed 5/31 Memorial Day)

NO TRIP

Calling all Batman, Captain Americas and Super Girls! We will have a week of super hero events; learn what it takes to be your favorite super hero. There will be a day to come as your favorite super hero and plenty more activities to practice being a super hero. We will have our very own Y-Vengers, and plan our secret hideouts. We will also take a look inside the human body to see what makes all of us super on the inside.

Week 3: 6/7-6/11

Skateland

What does it take for your body to digest that juicy apple you just ate and what does it do for us. This week we will see why eating right is not the only thing that helps keep us fit and active. We will make the connection though various crafts and activities related to food and fitness. We will see why it is important to treat our bodies right and learn some different fitness ideas to keep us moving.

Week 4: 6/14-6/18

Lake Side Lab

We will take a look at the nature around us from the trees to the flowers and animals so small you will hardly know they are there. We will also look at what we can do to keep the earth healthy along with some fun filled crafts using the nature around us. Our trip will be to Lake Side Lab to learn more about nature in our area.

Week 5: 6/21-6/25

Corner Lanes

On your mark, get set, GO! Let's have some fun exploring the world of sports. From football to an intense game of tag, we will spend the week looking at some known and not so known sports. Our field trip will be to Corner Lanes bowling alley.

Week 6: 6/28-7/2

Safety Week

This week we will explore some local and worldwide jobs that help keep us safe and protected. We will use the information they give us to see what we can do to be safe citizens. We will learn about fire safety, water safety and about being safe in our own community. We will do crafts centered around safety tips that we have learned during the week.

Week 7: 7/5-7/9

Nature Center

Best part about summer is being able to get outdoors. We will be taking a field trip to our local Nature Center. Our earth has a lot to offer and so does the local nature that surrounds us. Not only will this week include crafts and a field trip. It will also create an opportunity for your kids to learn about Iowa's natural surroundings.

Week 8: 7/12-7/16

FIELD TRIP TBD

Are you an inventor like Edison or a thinker the Einstein? This week we will be inventors and try to create our own inventions. This week will be fun with our young inventors and finding out how inventive they can be. We will use the knowledge we have gained from STEM over the summer to create our very own inventions!

Week 9: 7/19-7/23

Dickinson County Fair

Join us this week to see what makes the Midwest and farming around the world so important. We will discover why healthy soil is so important for plants, animals and people and what we can do to keep the soil healthy.

Week 10: 7/26-7/30

FIELD TRIP TBD

As we follow the 2021 Summer Olympics, we will brain storm our own silly, crazy and wacky games. We will then practice those games throughout the week, ending with our own Wacky Olympics.

Week 11: 8/2-8/6

KINGS POINTE

Time to sunscreen up and join us on our journey to the water park! The kids will have the chance to enjoy all kinds of slides; fast or slow, lazy river, lily pads, diving boards, and all the fun water games they can imagine. This will be a fun week of swimming, games, crafts, and of course, gardening.

Week 12: 8/9-8/13

MILFORD POOL/SPLASH PAD

From rain to snow and all the weather in between, what makes for the changing of the seasons? Why does it rain, what can we use wind for, how do rainbows form? This week we will explore what it takes to live in an area with four seasons and the different things we can do with what Mother Nature gives us.

Week 13: 8/16-8/20

NO TRIP

As the excitement of summer break comes to an end, and we look back at all the good times we had. The kids will get a chance to pick their favorite games or activities so can play them one last time. We will also put the finishing touches on our summer journal to help us remember all the fun we had with our friends.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUR SUMMER OF FUN

**Y-KIDS SUMMER
ADVENTURE CLUB**

BEDELL FAMILY YMCA

AGES 5-10

At Y-Kids Summer Adventure Club, your child will gain new skills, make new friends and have fun learning life's key values. We offer supervised freedom, creativity, learning and fun! Come spend all or part of your summer with the Y. You'll be glad you did!

Y-Kids programming is a recreation-based childcare program offered in a group setting.
Please refer to the parent handbook for further details.

WWW.OKOBOJIYMCA.COM

2021



IOWA STATE UNIVERSITY
Extension and Outreach

Adventure Club Guidelines

AGES
All children in Dickinson County and their friends between the ages of 5 to 10 years are encouraged to register.

FIELD TRIPS
Each week includes field trips where additional fees may be required. Parents will be notified in advance when additional fees are required. Y-Kids Club will provide all necessary transportation for field trips. Parents are encouraged to volunteer if they wish to chaperone. Field trip days are as follows, unless otherwise specified:

- Spirit Lake - Tuesdays
- Okoboji - Wednesdays

FOOD PROVIDED
All children will be served a morning and afternoon snack on a daily basis in accordance to YMCA HEPA standards. All children will also be served a daily lunch in accordance to and DHS standards unless specified. Children do have the ability to bring their own lunch if they choose.

WHAT TO PACK

In order for your child to have an amazing experience at Y-Kids, please provide the following belongings. It is best to label these as the Y is not responsible for lost or stolen items.

- Outdoor play clothes (weather appropriate) and tennis shoes (no flip flops allowed)
- Swim suit and towel
- SPF 50 Spray Sunscreen
- Insect Repellent



DAYS: Monday-Friday
TIMES: 9 - 11am
LOCATION: YMCA Character Center
FEES PER SESSION: \$40/Members \$55/Non-members

Kamp Kermit 2021

At the Y, we have something for everyone! Your 3-5 year old will have a wacky and wild time at Kamp Kermit. Spots fill up fast, so sign up at the Y TODAY!

REGISTER AT THE BEDELL FAMILY YMCA

SESSION 1 JUNE 14-18 - "THE WACKY WORLD OF DR. SEUSS"
One fish two fish red fish blue fish, our favorite Dr. Seuss stories come to life this week as we look inside his adventurous books. Daily activities will be based on those books, from acting out our favorite parts to making our favorite animals or characters out of clay and much more. Kids are encouraged to bring their favorite book/s and tell us all about them.

SESSION 2 JULY 12-16 - "OCEANS AND BEACHES"
Do you like the beach? So do certain types of animals. Let's grab our sunglasses and catch some rays while we learn more about the beach, seashells and ocean animals as well as ways we can keep the beach and oceans clean and healthy through games, stories and crafts.

SESSION 3 AUGUST 9-13 - "THIS PLACE IS A ZOO!"
What's your favorite animal? What animals would you like to learn more about? Come and join us with your favorite stuffed animal. We will get our wiggles out as we play and learn about the different types of animals that live at the zoo. We will even explore our creative side with some fun crafts.

Each camp session includes healthy snacks, crafts, music, special games, and more!!
(Must be potty trained to participate)

Parents Trust Us



Y-Kids Summer Adventure Club provides high quality experiences for your child, which help build a healthy spirit, mind and body.

SAFETY
Experienced YMCA staff are CPR and First Aid Certified; providing your child with age appropriate, progressive, safe and FUN activities.

PROFESSIONAL ROLE MODELS
Our DHS-licensed Y-Kids staff are selected based on their experience, attitude, skills and their ability to accept and demonstrate the YMCA Core Values of caring, honesty, respect and responsibility.

SELF-RESPECT
Building self-respect through skill development is one of our goals. We provide worthwhile experiences through nature hikes, field trips, active play, swimming and much more. Staff are trained to highlight teachable moments and emphasize accomplishments and successes in all kids.

- Make new friends
- Play sports and games
- Get messy
- Learn funny songs and skits
- Have fun
- BE A KID!

Y-Kids Club Locations

Okoboji Elementary School Cafeteria
901 H Avenue
Milford, IA 51351
712-330-6944

Spirit Lake Middle School Cafeteria
2901 Hill Avenue
Spirit Lake, IA 51360
712-330-0212

Director: Kyle Johnson
712-336-9622
kyle.johnson@okobojiymca.com

HOURS OF OPERATION
Monday - Friday
6am - 6pm

Registration materials must be turned in at the Bedell Family YMCA front desk.

- THINGS TO NOTE:**
- *Lunch WILL be provided on a daily basis, your child has the option to bring their own lunch, as well.
 - *Summer Adventure Club is located at the school locations with lunch served daily at the YMCA.
 - *Payments will be automatically withdrawn from a bank account every week.
 - *Children must be at least 5-years-old to attend the Summer Adventure Club program.
 - *Please send children in closed toed shoes, flip flops are not allowed.
 - *Bringing a water bottle is not required but highly recommended.
 - *We ask that all families please supply one or more can of spray on sun screen.
 - *Weekly swim days are:
Spirit Lake Wednesday & Friday, Okoboji Tuesday & Thursday

Y-Kids Rates:

FULL TIME RATES:
(per child per week)

MEMBER	NON-MEMBER
\$133	\$163

Swim Lesson Rates:

SWIM LESSON RATES:

MEMBER	NON-MEMBER
\$50	\$70

Okoboji - Tues/Thurs
Spirit Lake - Wed/Fri

SWIM LESSON Dates:
June 7 - July 2



Y-KIDS VOLUNTEERS
Each of our volunteers helps move people and communities forward, delivering benefits of good health, strong connections, greater self confidence and a sense of security to all who seek it. There are dozens of opportunities to get involved with at Y-Kids! We welcome you to be a kid again and become part of our Y-Kids team.

For more information on volunteering, contact:
Y-Kids Okoboji: 712-330-6944
Y-Kids Spirit Lake: 712-330-0212
Bedell Family YMCA: 712-336-9622

FINANCIAL ASSISTANCE
At the Y, no child, family, or adult is turned away. We recognize that for our community to succeed, everyone must be given the opportunity to be healthy, confident, connected and secure. When you give to the Y, your gift will have a meaningful, enduring impact right in your own neighborhood. For more information on how to receive or give scholarship money, please contact Bedell Family YMCA: 712-336-9622.