



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET RECERTIFIED

## AMERICAN RED CROSS LIFEGUARDING RECERT BEDELL FAMILY YMCA

Perform 300 yard swim, timed brick test, tread water for 2 min., all in-water rescue skills, and CPR skills, along with 2 multiple choice written tests.

**Date:** Monday, September 14 at 9am  
-OR- Saturday, September 19 at 9am

**Fee:** \$60



Questions? Contact Aquatics Director  
Angie Gillespie: 712-336-9622

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### Bedell Family YMCA – Lifeguard Recert

Date Attending (check one)    \_\_\_September 14    -OR-    \_\_\_September 19

Name \_\_\_\_\_ M/F \_\_\_ Parent Name (If under 18yrs) \_\_\_\_\_

Birth Date \_\_\_/\_\_\_/\_\_\_    Age: \_\_\_\_\_    Address \_\_\_\_\_

City \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

#### YMCA Waiver

I understand Bedell Family YMCA will not be held responsible for injuries resulting from participation. As the parent or legal guardian of the above named child, I hereby give consent for emergency medical care prescribed by a duly licensed Doctor of Medicine or Doctor of Dentistry. This care may be given under whatever conditions are necessary to preserve the life, limb, or well being of my dependent. As the parent or legal guardian I release and consent the use of any and all photographs taken of my dependent.

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Signature (Parent/Guardian if under 18)

Date